Reawakening Humility: Centering Crisis Leadership in this Virtue

With

Ross Peters

Vice President of School Strategy, EXPLO Elevate

Dr. Karl Haden

Co-author with Rob Jenkins of *The 9 Virtues of Exceptional Leaders* and *31 Days with the Virtues*

and AAL President





Why Virtue?

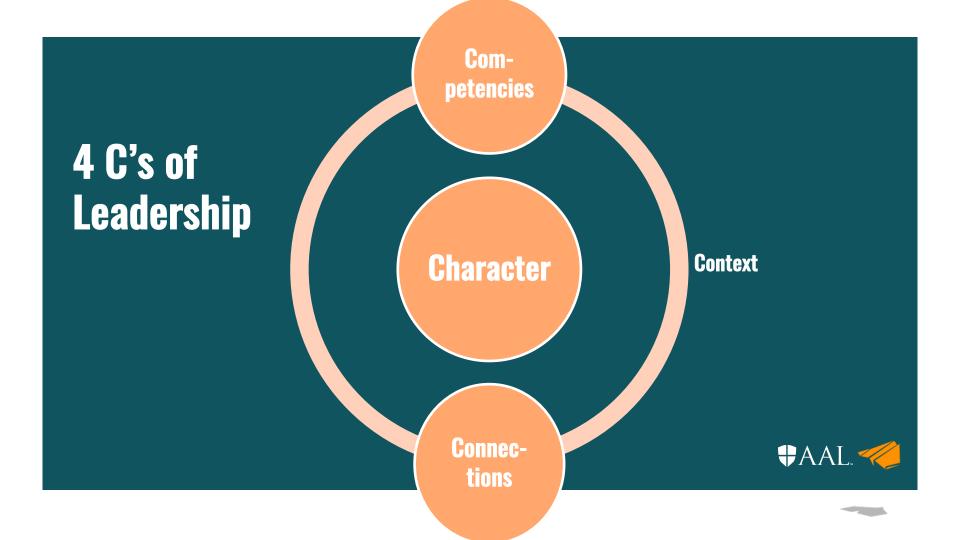




"Character has been forming your face, your habits, your friendships, your peculiarities, the level of your ambition with its career and faults. Character influences the way you give and the way you receive; it affects your loves and your children. It walks you home at night and can keep you long awake."

James Hillman, *The Force of Character and the Lasting Life* (Random House, 1999)



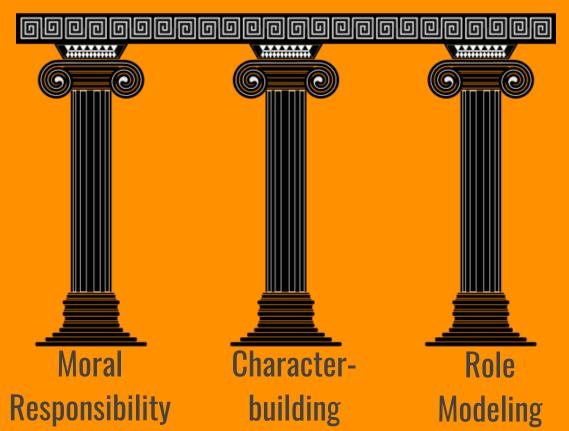


"The foundation of life is character. And, from it, in their order, flow forth our actions."

Zeno of Citium, 334-262 BCE



Human Flourishing







Why Humility?

humility noun

hu·mil·i·ty | \ hyü- ˈmi-lə-tē

Not:

- Arrogance
- Hubris
- Humiliation
- Servility
- Lack of self-confidence
- Lack of self-esteem

Poll:

To what extent is the virtue of humility exhibited in our culture?

How important is humility to effective leadership?



humility

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- 1. How we relate to ourselves through realistic and honest self-appraisal.
- 2. How we relate to others through transparency.







Why Humility?

- In times of transition and crisis ("Level-5" Leadership)
- As an expression of self-confidence



"I don't know..., but let's figure this out."

"Tell me what you think/feel."

"I would like to learn more" "Help me to understand"

"How can I help you?"

"I was wrong about that."

"Let's work on this together" "I would like to give credit to..."

The Language of the Humble Leader



Characteristics of Humble Leaders:

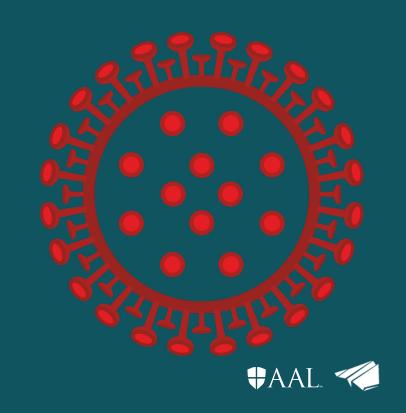
- 1. Self-awareness
- 2. Acknowledged dependence on others
- 3. Exhibit other virtues (honesty, courage, perseverance, etc.)
- 4. "Beginner's Mind" *(shōshin)*







Why is Humility **Important to Crisis** Leadership?



How Does One Develop Humility as a Leader?

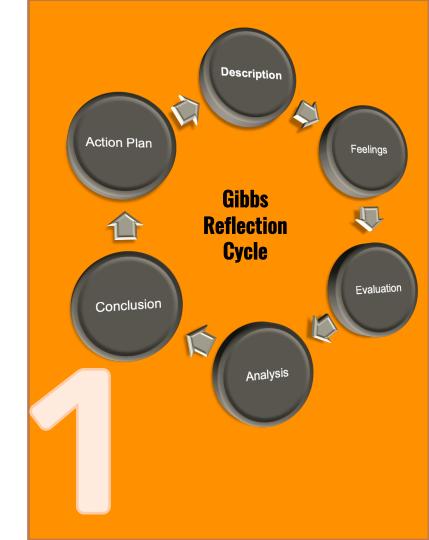
- 4 Practices -





ONEThe Practice of Self-Reflection

- -Time
- -Place
- -Process (deliberate learning)
- -Resources



TWO

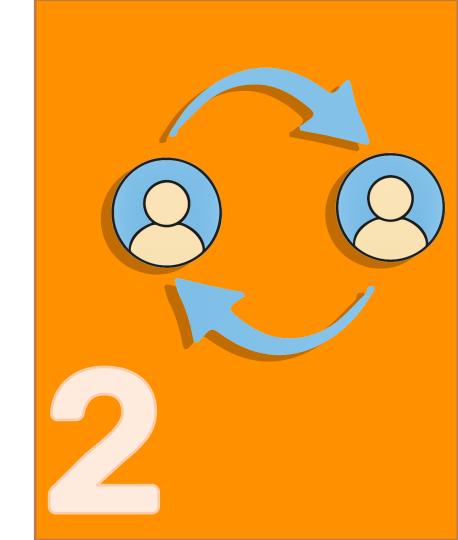
The Practice of Asking for Feedback

- -Make it a habit
- -Make it specific
- -Make it easy to give









THREE

The Practice of Empathy

- -Feeling into another's experience
- -Listen to understand (active)
- -Empathy is about the quality of attention we give to others.









FOUR

The Practice of Gratitude

-Say "thank you"—privately and publicly

-"Look out the window and not in the mirror"





4 Practices

- 1. The Practice of Self-Reflection
- 2. The Practice of Asking for Feedback
- 3. The Practice of Empathy
- 4. The Practice of Gratitude

Poll:

Which one of these practices will you focus on next week?



Aristotle, *Nichomachean Ethics*, Terrance Irwin, trans. Hackett Publishing Company, Inc. 2019.

Jim Collins, Good to Great. HarperCollins, 2001.

Anders Ericsson and Robert Pool. *Peak, Secrets from the New Science of Expertise*. Houghton Mifflin Harcourt Publishing, 2016.

N. Karl Haden and Rob Jenkins, 9 *Virtues of Exceptional Leaders*. Deeds, 2015.

N. Karl Haden and Rob Jenkins, *31 Days with the Virtues*. Deeds, 2020.

Daniel H. Pink, *Drive: The Surprising Truth About What Motivates Us.* Penguin Random House, 2009.

Shunryu Suzuki, *Zen Mind, Beginner's Mind*. Shambhala Publications, 2006.

Humility Self-Assessment: https://aalgroup.egnyte.com/dl/BimbciZUzH

A Few Resources



What is Next for EXPLO Elevate and AAL?



Mini-Course on *The 9 Virtues of Exceptional Leaders*

Session 1: Hope: Exciting Others about the Future October 6

Session 2:

Perseverance: Putting Failure

into Perspective

October 13

Session 3: Charity: Authentic Leadership October 20

+ Office Hours









Contact Us

Ross Peters rpeters@explo.org elevate.explo.org

Dr. Karl Haden khaden@AALgroup.org AALgroup.org



