

EXPLO

Lay Low Before You Go

A number of people have been asking what EXPLO means by the concept of “quarantine” five days before arriving. We do not mean that a student needs to live in her bedroom with meals slid under the door. We do not mean that the family needs to refrain from basic functioning in regard to such necessities as food shopping or providing for the household as long as students are wearing masks and distancing. We like the common sense embedded in the line many colleges and schools have been using this year: “Lay Low Before You Go.”

By “Laying Low,” we mean that five days before you come to EXPLO, you should not be going out to restaurants where you would be eating with other unmasked people whose vaccination status you cannot know. It means you should not be going to a hockey game or a basketball game where people might not be careful with their mask wearing and are cheering and yelling boisterously, putting droplets into the air. It means not having friends over to your home --indoors -- if those friends are not vaccinated. It means that if you are traveling to campus by a method other than a family member’s car (e.g., plane or train) that you remain masked and socially distanced on that form of transportation.

If you practice Laying Low, get tested within 72 hours before you arrive at EXPLO, do a rapid test when you arrive (to see if you are presently contagious) and at the same time have a PCR test to see if you have the virus, we believe we will be keeping our community safe. We have been told by our consulting practitioners that our regimen is sound, and beyond what many are doing. As you know, we will administer a PCR test at least weekly throughout the summer - and this includes all staff, who are going to be fully vaccinated by the time they arrive. During the first week at the Program, we’ll test on Day 4 to allay concerns about potential exposures during travel to the Program.

Lay Low Before You Go - so that you can have lots of fun once you arrive!